

AYURVEDA BODY CARE PROGRAMMES

For booking email us @ tour@tppkerala.com

THE TRAVEL PLANNERS

36/1866(2), New Gardens, Vallakadavu.P.O, Trivandrum - 695008, Kerala, INDIA

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Ayurveda Body Care Programmes Rates in EUROS

Valid from 1st of April 2014 to 15th October 2014

Rejuvenation Programme

	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
7 Nights	945	1036	1288	1540	1715	2065
14 Nights	1890	2072	2576	3080	3430	4130
21 Nights	2835	3108	3864	4620	5145	6195
28 Nights	3780	4144	5152	6160	6860	8260
35 Nights	4725	5180	6440	7700	8575	10325

Rejuvenation Programme with Panchakarma

	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
14 Nights	2030	2212	2716	3220	3570	4270
21 Nights	3045	3318	4074	4830	5355	6405
28 Nights	4060	4424	5432	6440	7140	8540
35 Nights	5075	5530	6790	8050	8925	10675

Rejuvenation Programme for Old Age Disorders/Anti Aging Programme

	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
14 Nights	1988	2170	2674	3178	3528	4228
21 Nights	2982	3255	4011	4767	5292	6342
28 Nights	3976	4340	5348	6356	7056	8456

Body Purification /Body immunisation/Panchakarma Treatment

	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
14 Nights	2002	2184	2688	3192	3542	4242

Spine and neck Care Programme

	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
7 Nights	1029	1120	1372	1624	1799	2149
14 Nights	2058	2240	2744	3248	3598	4298

Beauty Care Programme

	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
3 Nights	450	489	597	705	780	930
5 Nights	750	815	995	1175	1300	1550
7 Nights	1050	1141	1393	1645	1820	2170
14 Nights	2100	2282	2786	3290	3640	4340

Body & Mind Relaxation Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
3 Nights	435	474	582	690	765	915
5 Nights	725	790	970	1150	1275	1525
7 Nights	1015	1106	1358	1610	1785	2135
Stress Relieving Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
7 Nights	1120	1211	1463	1715	1890	2240
Slimming Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
21 Nights	3360	3633	4389	5145	5670	6720
28 Nights	4480	4844	5852	6860	7560	8960
Psoriasis Treatment on Single Occupancy				Arthritis Treatment on Single Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
21 Nights	3255	3528	4284	3213	3486	4242
Valid from 16th of October 2014 to 31st March 2015						
Rejuvenation Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
7 Nights	1190	1288	1540	1890	2065	2408
14 Nights	2380	2576	3080	3780	4130	4816
21 Nights	3570	3864	4620	5670	6195	7224
28 Nights	4760	5152	6160	7560	8260	9632
35 Nights	5950	6440	7700	9450	10325	12040
Rejuvenation Programme with Panchakarma						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
14 Nights	2520	2716	3220	3920	4270	4956
21 Nights	3780	4074	4830	5880	6405	7434
28 Nights	5040	5432	6440	7840	8540	9912
35 Nights	6300	6790	8050	9800	10675	12390
Rejuvenation Programme for Old Age Disorders/Anti Aging Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
14 Nights	2478	2674	3178	3878	4228	4914
21 Nights	3717	4011	4767	5817	6342	7371
28 Nights	4956	5348	6356	7756	8456	9828
Body Purification /Body immunisation/Panchakarma Treatment						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
14 Nights	2520	2716	3220	3920	4270	4956

Spine and neck Care Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
7 Nights	1288	1386	1638	1988	2163	2506
14 Nights	2576	2772	3276	3976	4326	5012
Beauty Care Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
3 Nights	555	597	705	855	930	1077
5 Nights	925	995	1175	1425	1550	1795
7 Nights	1295	1393	1645	1995	2170	2513
14 Nights	2590	2786	3290	3990	4340	5026
Body & Mind Relaxation Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
3 Nights	540	582	690	840	915	1062
5 Nights	900	970	1150	1400	1525	1770
7 Nights	1260	1358	1610	1960	2135	2478
Stress Relieving Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
7 Nights	1365	1463	1715	2065	2240	2583
Slimming Programme						
	Single Occupancy			Double Occupancy		
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
21 Nights	4095	4389	5145	6195	6720	7749
28 Nights	5460	5852	6860	8260	8960	10332
Psoriasis Treatment on Single Occupancy			Arthritis Treatment on Single Occupancy			
	HERITAGE	AYUR DELUXE	AYUR SUITE	HERITAGE	AYUR DELUXE	AYUR SUITE
21 Nights	3990	4284	5040	3948	4242	4998
Package Includes						
Accommodation as Per the Room Category, All Meals (Veg Diet) ,Basic Medicines ,Daily Yoga Sessions						
Free Consultation by the Doctor before all Treatments						
Per Day Two Treatments Included						
Free Herbal water in Room						
One Day Trivandrum SS including Kovalam Beach for a minimum stay of 14 Nights						
Arrival Departure Transfers from Trivandrum Air Port						
One Hour Country Boat Cruise in the Back Water						
Inclusive of taxes: 12.5% (Luxury tax)+ Vat+ 5.15% Service tax						
Mandatory Supplement Charges						
X mas Eve Dinner and Cultural Programme on 24th December 2014 Euro 40 Per Person						
New Year Eve Dinner & Cultural Programme on 31st December 2014 Euro 80 Per Person						

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